

„The Nurturing Programme”

Parenting course for Polish parents and carers.

Stronger parents
=
Better family relationships



Over the 10-week Programme, participants will look at lots of different topics, including:

- Understanding why children behave as they do
- Recognising the feelings behind behaviour (ours and theirs)
- Exploring different approaches to discipline
- Finding ways to develop co-operation and self-discipline in children
- Learning the importance of looking after ourselves

The course is offered to Polish parents living in Greater Manchester.

It starts on 27 January 2022 and will be delivered online.

Contact us to find out more:

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